



School Goal.

At Hamilton East School we are ready to learn.

This means:

- **We come to school on time.**
- **We have had enough sleep.**
- **We have made healthy food choices & done some exercise.**
- **We wear appropriate clothing. This includes our HES school hat.**

The new children are settling in well. Please remember how important it is for children to attend school every day and arrive before 9am.

Please use the pedestrian crossings and avoid double parking on the yellow lines. These simple rules keep all our children safe.

Thanks

**Pippa Wright
Principal**

COMING EVENTS

Wednesday 17 October
Thursday 18 October
Monday 22 October
Wednesday 24 October
Friday 26 October
Tuesday 30 October

PTA Meeting –Tomorrow Evening
Board of Trustees Meeting
Labour Day Holiday – No School
Meeting for Bus Parents 5.30pm
Disco – Theme - Graduation Night
Kapa Haka Performance 6pm



Bike Safety

All children who bike to school will be receiving cycle safety training from Constable Jo.

These children will need to bring their bikes and helmets *every day* in Week 4 starting Monday 29th October.

Calendar Art.

It's that time again! Each year our children work hard on a piece of original art to be made into a calendar and/or greeting cards. ***Order forms for these have been sent home today.***

Orders will be open for 2 weeks there will be only 1 order going away – don't miss out!

Your child's art will be available for viewing in the foyer of the school office until orders close on

Friday 26th October.

Kapa Haka

There will be a Kapa Haka performance and celebration Tuesday 30 October at 6pm. Totara and Kauri Kapa Haka will perform for parents and family. Please put this important occasion in your diary if your child/ren are involved.

Sandpit Construction

The PTA want to build a sandpit on Middle Flat. Are you able to help? We have the money we need and the sand has been kindly donated. We still require a few hours volunteer labour to build it. It would be a simple construction with a lift off cover. Please fill in the slip below if you have these skills.

I am able to help with the sandpit construction.

Name.....Contact No.....

Bus Parents

A meeting for bus parents will be held on Wednesday 24 October at 5.30pm in the school staffroom.

Parents of children who use or want to use our bus service are welcome.



Custard instead of cake

Most cakes are high in sugar and fat. Custard is a quick, nutritional snack providing energy and calcium. Ready-made custard is available too, however, for a less expensive option teach your children to make their own with custard powder and milk.



Yum!

